



# North Shore Horticultural Society

P. O. Box 171 Manchester-by-the-Sea, MA 01944  
November, 2018 Volume XXI Number 3

<http://www.NSHorticulture.org/>

## MEETING LOCATION

is generally at  
The Manchester  
Masonic Lodge,  
9 Church Street,  
Manchester-by-  
the-Sea (behind  
Town Hall)

## Meeting Preview

Tuesday, 7:30PM  
November 27th  
Mary Ellen  
Lepionka  
*Algonquin Food  
and Medicinal  
Plants*

## 2nd TUESDAY of

### December,

7:30PM

December 11th  
Mary Huntoon  
*Holiday  
Decoration  
Workshop*

Tuesday, 6:00PM

January 22nd  
*Potluck Dinner*  
7:30PM  
*An Introduction  
To Mushrooms*

Tuesday, 7:30PM

February 26th  
Betsy Szymczak  
*Gardening  
with Dahlias*

**NO DECEMBER  
BOARD  
MEETING**

## VOTING ON REVISED BY-LAWS

*and then*

## **ALGONQUIN FOOD and MEDICINAL PLANTS**

*Mary Ellen Lepionka*

**Tuesday, November 27th**

**7:30PM**

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At the November meeting, our membership will be voting on the proposed revised North Shore Horticultural Society By-Laws. Copies of the original and proposed changes were available at the September and October meetings. If you didn't receive a copy, email your request to [NorthShoreHorticultural@gmail.com](mailto:NorthShoreHorticultural@gmail.com).

After the voting, Gloucester resident Mary Ellen Lepionka will bring us back in time to when the colonists arrived on land on which the Algonquins were living. We will learn about the Native American diet and nutrition. They ate, among other things, "The Three Sisters" of corn, beans, and squash. These crops were planted interdependently (as we often do now with beans growing up the tall stalks of the maize, and the squash spreading out at the base of the plants and providing protection and support for the root systems). In moving from one place to another following crops, hunting, and fishing the Native American knowledge of medicinal plants became extensive.

Mary Ellen's presentation will demonstrate her encyclopedic knowledge of the Native Americans of the North Shore. We certainly will have a much greater appreciation of the area around us.

Bring a friend to the meeting and don't forget to bring something for the Children's Friend and Family Services of Salem holiday collection.

## **PRESIDENT'S MESSAGE**

*Carol Batdorf*

November – the Thanksgiving month. I looked back over past letters and we have weathered through many storms in November. At work we are weathering through the gas line crisis in Lawrence, we have a temporary oil burner outside the building giving us heat. Others are not so lucky. It makes me wonder how we would fare if we did not have good insulation, heating systems, clothing for the season and plenty of food sources – the grocery store and favorite specialty stores like cheese, chocolate, bakery and fruit stores. What if we only could eat what was in season or what we could put by for the lean months? We would definitely be in tune with what the Earth could provide in our gardens and what we could glean from the forest and sea. I think we should be thankful that we live in this time frame. It is enlightening to look back and see the survival knowledge that was used by past generations and peoples. How many of us could live through a hard winter in a tent or log cabin? The talk this month by Mary Ellen Lepionka may give us a small glimpse of what the Algonquins did for food and medicine throughout the year.

The November meeting is also the time when we can reach out as a group and help others. Please bring in unwrapped gifts or gift certificates for children and adults that can provide some cheer for this holiday season. The gifts will be distributed to the Children's Friend and Family Services of Salem. Thank you for your thoughtfulness. Please come and join us for the November meeting. I'm looking forward to seeing you all there.

*Carol*

## HORTICULTURAL POINTS OF INTEREST

Mike Mack's HPOI this month gives how-to suggestions for early winter hardwood cuttings. He will also discuss bird winter sanctuaries as well as pest (voles and deer) protection for the yards.

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## REFRESHMENTS

The clipboard for signing up to bring refreshments didn't get around the room at the October meeting. Only two names were on the list, Leslie Schoenherr and Ruth Weeks. If you have some goodies that you froze after Thanksgiving, it would be wonderful if you defrost them and bring them to the November meeting!

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## MEMBERSHIP

This is the last Newsletter you will receive if you have not brought your membership form (with a check) to a meeting this fall or mailed them in. Kay will be sending out reminders to all who have not done so.

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## CHILDREN'S FRIEND AND FAMILY SERVICES OF SALEM

A reminder-please bring to the November meeting an unwrapped gift, which will be delivered to CFFSS. Suggested items include toys, toiletries, new clothing, or gift cards (from Market Basket, Target, etc.). This community service was suggested years ago by long time Board member, the late Alice Salter.

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## MILKWEED SEEDS

After the Monarch program at the October meeting, Mark Andrew said he would bring more milkweed seeds to share at our November meeting.

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*I like flowering plants, but I like trees more-for the reason, I suppose, that they are slower coming to maturity, are longer lived, that you can become better acquainted with them, and that in the course of years memories and associations hang as thickly on their boughs as do leaves in summer or fruit in autumn.*

*Alexander Smith  
1830-1867*

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## COMPOST

Begin thinking ahead for our December meeting when Mary Huntoon will lead us in a **holiday decoration workshop**. While shopping, look for ribbon that will go with your decorations. You will also need to bring se-cateurs, and any greens you may have to share. Please call Joan at 978-927-8829 or email her at [jmjbj@comcast.net](mailto:jmjbj@comcast.net) by December 7th, to ensure enough materials will be available. Cost: \$10 for materials which will be provided.

Along those lines, at **Tower Hill** in Boylston, on Wednesday, November 28th, there will be a workshop "Harvesting Holiday Greens". You will learn about various evergreens you can grow to make unique holiday wreaths or centerpieces as well as learn the best methods for harvesting. Call 508-869-6111 for more information.

Something new is happening Thursdays, Fridays, Saturdays, and Sundays, November 29th through December 30th at the Trustees of Reservations' Stevens-Coolidge Place in North Andover. In **Winterlights**, the estate will sparkle with thousands of shimmering holiday lights. Each weekend features performances and activities for the whole family. For more information call 978-356-4351 x3202.

Thinking towards spring, North Shore Community College Professional Education offers a non-credit program in horticulture, "**Landscape and Garden Maintenance**". Spend two mornings a week gaining hands-on experience while learning how the experts care for and maintain new and existing landscapes, gardens, and lawns at TTOR's Long Hill Reservation. The program is designed for homeowners, gardeners, landscape workers, and individuals who wish to broaden their horticultural knowledge. For more information call NSCC at 978-762-4000.

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## VIRTUAL GARDEN TOUR

Don't forget to be taking photos of your garden or others to share at the January meeting when we have our Virtual Garden Tour during the potluck dinner.

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